



Analog Bag Checklist

Five categories, what to drop, and how to actually reach for it.

PARK IT • FILL IN ONCE

Bag lives: _____ Restock day: _____ Tonight's reach-for: _____

PACK • ONE ITEM PER CATEGORY

☐ 1. Write / capture

Notebook or sketch pad + one working pen or pencil

This week's pick: _____

☐ 2. Read or make

Paperback/magazine OR one craft/mend OR puzzle booklet

This week's pick: _____

☐ 3. Light paper admin

Slim folder: one bill, stamps, return envelope, or thank-you note

This week's pick: _____

☐ 4. Small comfort

Tea bag, lip balm, tissue, or mint (one or two only)

This week's pick: _____

☐ 5. Leave-home essentials

Keys, cash/card sleeve, ID if needed (not a phone pouch)

This week's pick: _____

LEAVE OUT

- Chargers / cables (tech pouch)
- 3+ half-used notebooks
- Just-in-case craft piles
- Broken pens & dried markers
- Heavy books you won't open
- Stuff kept only for photos

GIFT A PACKED BAG

- ☐ Soft tote or reused gift bag
- ☐ Notebook + pen
- ☐ Paperback or puzzle book
- ☐ Small craft or mend kit
- ☐ Stamps + comfort item
- ☐ Note: park by the door