TIMBER & TREND

Hobby Try-Out Tracker

One hobby, four weeks, then decide. Borrow or reuse first. Buy the second round, not the first.

MY HOBBY THIS WINTER

HOBBY _____

WHY THIS ONE _____

WHAT I ALREADY HAVE _____

BORROW OR REUSE FROM _____

MY FIRST SMALL WIN _____

WEEK	DATE	MINUTES	WHAT I DID	LOOKED FORWARD TO IT?
WK 1				☐ Yes ☐ Sort of ☐ No
WK 1				☐ Yes ☐ Sort of ☐ No
WK 2				☐ Yes ☐ Sort of ☐ No
WK 2				☐ Yes ☐ Sort of ☐ No
WK 2				☐ Yes ☐ Sort of ☐ No
WK 3				☐ Yes ☐ Sort of ☐ No
WK 3				☐ Yes ☐ Sort of ☐ No
WK 3				☐ Yes ☐ Sort of ☐ No
WK 4				☐ Yes ☐ Sort of ☐ No
WK 4				☐ Yes ☐ Sort of ☐ No
WK 4				☐ Yes ☐ Sort of ☐ No
WK 4				☐ Yes ☐ Sort of ☐ No

WEEK 4 DECISION

☐ **Keep going**
Now buy the better yarn, pen or pan.

☐ **Try a different one**
Pick the next hobby from page 2.

☐ **Pass it on**
Give the supplies to someone who will use them.

NEXT PROJECT _____

12 Slow Hobbies at a Glance

What each one needs to start, what to borrow first, and a first small win.

	HOBBY	START WITH	BORROW OR REUSE FIRST	FIRST SMALL WIN
☐	**Crochet**	Medium weight yarn + one hook	Library book, spare hook	A 7 by 9 inch practice square
☐	**Knitting**	Medium yarn + one pair of needles	Thrift store needles	A garter stitch dishcloth
☐	**Visible mending**	Needle, thread, fabric scraps	Clothes that need fixing	One patch or darned sock
☐	**Embroidery**	Hoop, needle, floss	An old tea towel	Initials or a leaf sprig
☐	**Sketching**	Pencil + pocket notebook	Old notebook pages	A sketch a day for a week
☐	**Nature journal**	Pencil + notebook	A window or short walk	One page about one thing
☐	**Bird counting**	A window	Library field guide	A 15-minute count
☐	**Letter writing**	Paper, envelopes, stamps	Cards already in a drawer	One letter a week
☐	**Bread baking**	Flour, yeast, salt, water	Your own bowl + sheet pan	One no-knead loaf
☐	**Winter sowing**	Jugs, potting mix, seeds	The recycling bin	One labeled jug
☐	**Jigsaw puzzles**	One puzzle	A puzzle swap	A 300 to 500 piece puzzle
☐	**Commonplace book**	A notebook	Whatever you are reading	One passage per book

Tick the box next to the hobby you are trying. Come back to this page at week 4.

WINTER DATES TO KNOW

Project FeederWatch
November to April. Count from any window on a schedule that suits you; no feeder needed (Cornell Lab + Birds Canada).

Christmas Bird Count
December 14 to January 5. Free. Sign up with your local circle compiler ahead of time (Audubon).

Winter sowing
Late winter. Milk jugs of seeds set outside in sun, rain and snow (MU Extension).

WHAT NOT TO BUY YET

- ☐ The 40-piece starter kit
- ☐ Three hobbies of supplies at once
- ☐ A craft room setup (one basket is plenty)
- ☐ Anything bought to feel like a "hobby person"