TIMBER & TREND

Spray Bottle Labels

Cut on the dashed lines. Tape or glue one to each bottle.

BOTTLE 1 · ALL-PURPOSE

Castile Spray

1/4 cup liquid castile soap
+ 1 quart water

Water first, then soap. Swirl, don't shake.

USE ON
Sealed counters, stone counters and tile, painted or sealed wood, stainless, sinks, toilets

NOT ON
Waxed wood. Never add vinegar or lemon juice.

Mixed on: _____ Use within 2 weeks

BOTTLE 2 · GLASS + MIRRORS

Vinegar Spray

1 cup plain white vinegar
+ 1 cup water

Light streaks: 3 Tbsp vinegar per quart of water.

USE ON
Glass, mirrors, shower doors, hard water spots on glazed ceramic tile

NOT ON
Marble, limestone, travertine, granite, wood floors, cast iron. Never near bleach.

Mixed on: _____ Mix small batches

BOTTLE 3 · FRIDGE + STAINLESS

Baking Soda Wipe

2 Tbsp baking soda
+ 1 quart warm water

Dissolve, wipe. Rinse on chrome and stainless.

USE ON
Fridge shelves and drawers, stainless, chrome

NOT ON
Never cap it with vinegar inside. The gas builds pressure.

Mixed on: _____ Mix small batches

SHAKER · SCRUB

Baking Soda Scrub

Plain baking soda
+ a spray of Bottle 1

Sprinkle, spray, scrub, rinse. Toilet: on the brush, wait 10 min.

USE ON
Sinks, tubs, toilet bowl, baked-on pans

NOT ON
Polished natural stone (can scratch). Test glossy finishes first.

Mixed on: _____ Keep it dry

BONUS: NEVER-MIX STICKERS FOR THE BLEACH, PEROXIDE AND VINEGAR BOTTLES

NEVER MIX
Bleach + anything but water

NEVER MIX
Bleach + vinegar = chlorine gas

NEVER MIX
Peroxide + vinegar, one bottle

NEVER MIX
Vinegar + castile soap

These clean. They are not EPA-registered disinfectants. Keep every bottle up and away from kids and pets.

Natural Cleaning Recipe Card

Three ingredients, separate bottles, no clever mixing.

THE RECIPES

Castile spray

1/4 cup liquid castile soap + 1 quart water

Water first, then soap. Spray, scrub, wipe with a damp cloth. Use within 2 weeks.

Vinegar glass spray

1 cup white vinegar + 1 cup water

Glass, mirrors, shower doors. Light mix: 3 Tbsp per quart. Plain 5% vinegar, not "cleaning vinegar."

Baking soda wipe

2 Tbsp baking soda + 1 quart warm water

Fridge shelves, drawers, stainless, chrome. Paste with less water for stuck spots.

Baking soda scrub

Sprinkle baking soda + spray of castile

Sinks, tubs, toilet. Toilet: soap and soda on the brush, scrub, wait 10 min, flush.

Floor mop mix

1/2 cup castile soap + 3 gallons hot water

Wring the mop well. Damp, not wet, on wood and laminate. Your floor's care guide wins.

Laundry rinse

1 cup vinegar (1/2 cup HE), rinse cycle only

Separate from the soap. The fabric softener slot does it for you.

NEVER MIX

Bleach + vinegar
Chlorine gas

Bleach + ammonia
Chloramine gas (ammonia hides in some glass cleaners and urine)

Bleach + rubbing alcohol
Chloroform

Peroxide + vinegar, one bottle
Peracetic acid, corrosive

Vinegar + castile soap
Curdles. Cancels out. Just wasted.

Baking soda + vinegar, capped
Pressure. The bottle can burst.

Bleach is a friend to nothing but water.

KEEP VINEGAR OFF

- Marble, limestone, travertine, onyx (etches)
- Granite and quartzite (not recommended)
- Hardwood floors (can damage the finish)
- Waxed wood (skip wet sprays)
- Cast iron (strips seasoning)

THESE CLEAN. THEY DON'T DISINFECT.

Use an EPA-registered disinfectant (look for the EPA Reg. No. on the label) or a bleach solution when someone in the house is sick, or anywhere raw meat or poultry touched, including the sink. Clean first, then follow the label and keep the surface wet for the full contact time.

Cutting boards (USDA): 1 Tbsp unscented liquid chlorine bleach per gallon of water. Flood, let stand several minutes, rinse, air dry.

Breathed in fumes? Fresh air first, then Poison Control at 1-800-222-1222. Trouble breathing or collapse: call 911.

Sources: Dr. Bronner's, Lisa Bronner, Univ. of Arkansas Extension, WA Dept. of Health, CANUTEC, NFPA, Missouri Poison Center, NSI, NWFA, Lodge, CDC, EPA, USDA FSIS, poison.org